Agenda

1. General Plan Health Primer
2. What We Have Learned
3. Questions and Answers
4. Mapping Exercise
5. Next Steps
Corona’s General Plan

• Every city and county in California is required to have a General Plan; Government Code 65300 et seq.

• The General Plan is a long-range planning document that is a guideline or framework for the future

• Establishes goals and policies for required topics and allows for cities to address locally important topics

• Decision making tool for City Council, commissions, residents, agencies, business, developers, etc.

• Corona last updated its general plan in 2004
General Plan Topics Addressed

- General Plan Vision
- Circulation Infrastructure
- Natural Resources
- Safety Hazards
- Public Services & Facilities
- Community Development
- Health & Wellness

New
General Plan Framework

- Clean Natural Environment
- Quality Community Design Features
- Supportive Social Environment
- Access to Health Facilities & Services
What the General Plan update will do

The General Plan update will:

- Respond to new state requirements & best practices
- Reflect contemporary community concerns
- Update technical studies with current information
- It will NOT change land uses or intensify development
Defining a healthy community

A healthy community…

is one that promotes a positive physical, social, and economic environment that supports the well-being of its members.

The General Plan is the City’s primary tool for addressing the quality of the environment where we live!
The Broader Picture

- Healthy People (HP 1990) & National Prevention Strategy
- California law (SB 1000) and OPR General Plan Guidelines
- Including both City and County General Plans
- Implementing programs
What a Healthy Community has

- Parks, recreation, & open space
- Safe, sanitary and affordable housing
- Quality health care facilities & services
- Clean and healthful environment
- Affordable healthy foods
- Active transportation
- Educational opportunities
- Good paying employment
- Safety from injury and crime
- Supportive social relationships
Key Takeaways

- Healthier communities offer a better quality of life for all
- How we design our community affects health and wellbeing
- A healthy community extends to workplaces, schools, & environment
- Key to healthy living is prevention; it a more cost effective option
- Being a healthy city has to do with expanding opportunity and choices
<table>
<thead>
<tr>
<th>Health Issues</th>
<th>Health Behaviors</th>
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<tbody>
<tr>
<td>1. Overweight/obesity</td>
<td>1. Insufficient sleep (&lt;7hours)</td>
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<tr>
<td>2. High blood pressure</td>
<td>2. Lack of exercise</td>
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<td>3. Arthritis</td>
<td>3. Excessive alcohol &amp; smoking</td>
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<tr>
<td>4. Dental issues</td>
<td>4. Insufficient fruits &amp; vegetables daily</td>
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<td>5. Diabetes</td>
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Sources:
500 Cities Project, U.S. Center for Disease Prevention and Control
California Health Interview Survey and California Healthy Kids Survey
## Corona Youth (7\textsuperscript{th} to 11\textsuperscript{th} graders)

### Health Issues
1. Overweight/obesity
2. Mental health
3. Asthma

### Health Behaviors
1. Lack of regular exercise
2. Insufficient fruits & vegetables daily
3. Current alcohol/drug use
4. Current smoking

Sources:
500 Cities Project, U.S. Center for Disease Prevention and Control
California Health Interview Survey and California Healthy Kids Survey
Initial Findings
Environmental Justice (SB 1000)

CalEnviroScreen

- Census tracts are ranked statewide for health issues.
- Tract is “disadvantaged” if its composite score ranks above the 75th percentile.
- Composite score is an average of
  - Pollution Burden
  - Population Characteristics
Natural Environment

Pollution Burden

• Pollution levels are highest near freeways and industry
  - Air pollution due to cars, trucks, and other vehicles
  - Air quality due to emissions from industrial land uses
  - Water quality threats due to historic land uses (City currently meets ALL state/fed standards)
Health Care Access

Medical facilities

- Corona Regional Medical
- 2 community clinics
- 2 specialty care clinics
- Kaiser Permanente facility
- Six urgent care facilities
- Veterans Affairs clinic
- Four surgical centers
- Private practices

Available Care
- No health professional shortage areas for dentists, primary health care, or mental health

Insurance
- 86% of residents have health insurance

Accessibility
- Transit and shuttles can access health facilities
Public Safety

A few highlights

• Citywide – Community Based Policing Approach
• City maintains high ISO rating for fire services
• School safety – award winning Project Safety Net

Low Crime
• 2nd lowest violent crime rate in the County
• 75% below California average

Timely Response
• Emergency response < 5 minutes

School Safety
• 73% perceive school as safe or very safe
Parks and Recreation

Park Access
- 2 acres of parkland for every 1,000 residents

Distribution
- 75% of residents live within a 5-minute walk to a park

Accessibility
- City is making improvements to accessibility
Grocery Stores

**Grocery Access**
- Corona has the 3rd highest number of grocery stores per capita in Riverside County

**Tobacco/Alcohol**
- Corona has the 14th to 15th highest per capita of retail alcohol & tobacco outlets in the County

**Distribution**
- 80% of residents live within 1 mile of a grocer
SB 1000 also requires that a general plan look at:

- Reducing pollution exposure
- Improving air quality
- Promoting public facilities
- Promoting food access
- Promoting safe & sanitary homes
- Promoting physical activity
Healthy Community Survey
Summary of Results
Corona’s healthy community survey was open late May through mid-June 2018

- 680 respondents
- What would make Corona a healthier city?
- Identify priorities for a range of health topics
- In addition to taking the survey, approximately 300 individuals provided written comments
Healthy Community Survey

Participants ranked the importance of several conditions and services for being known as a healthy community:

- Parks and playgrounds
- Recreation & education
- Active sports fields
- Multi-use trails
- Affordable housing
- Cleaner environment
- Medical, behavioral care, etc.
- Health education/outreach
- Economy & high paying jobs
- Advanced library system
- Lifelong learning & job training
- Access to healthy foods
- Safe drinking water
- Public transportation
- Safer road, bike lanes, sidewalks
- Public safety
- School security & anti-bullying
Percent of Surveys Ranking a Topic as Important for a Healthy City

- Water Quality
- Safe from Crime
- Economy/Jobs
- Safe Schools
- Environment
- Safe Roads
- Health Care
- Recreation Programs
- Park and Trails
- Healthy Foods
- Sports Fields
- Improved Libraries
- Increased Transit
- Affordable Housing
- Lifelong Learning
- Health Education
Highest Ranked Topics

Top Three

1. Maintaining safe drinking water
2. Public safety from personal and property crime
3. Strong local economy with high paying jobs
Highly Ranked Topics

Second Tier

4. Public school security and anti-bullying efforts
5. Cleaner environment, with less pollution & noise
6. Safer roads, bike lanes, and sidewalks
7. Access to a full range of medical, behavioral, and other health services
Other Highly Ranked Topics

Third Tier

8. Recreation & education programs from children to seniors
9. Parks & playgrounds that are accessible for all ages & abilities
10. Multi-use trails linking parks & open spaces
11. Access to healthy foods (grocers, community gardens, etc.)
12. Active sports fields & other recreational infrastructure
Moderately Ranked Topics

**Fourth Tier**

13. Library system with programs & technology
14. Public transportation use to reduce air pollution
15. Affordable housing (veterans, seniors, families, etc.)
16. Lifelong learning & job training opportunities
17. Health education & public outreach
Additional Survey Comments

Almost 300 individuals provided written comments!

- Pace and intensity/ density of development
- Traffic and congestion along roadways
- Issues of homelessness
Mapping Exercise

- What do you like about the City … and should be preserved or maintained?
- Where can Corona make changes to become a healthier community?
- Please write your thoughts on the base map! Take your time and add more ideas!
**SB 1000 also requires that a general plan look at:**

- Reducing pollution exposure
- Improving air quality
- Promoting public facilities
- Promoting food access
- Promoting safe & sanitary homes
- Promoting physical activity
Thank you for participating!

For more information, Visit us at:

For comments: GPUpdate@CoronaCA.gov